

## **The Energy of Love**

The technique outlined below describes how you can change the energy of money (or any negative experience) back into the energy of love.

*Our reality is based not only on what we think, but also what we remember. Your life is flowing (currency) with what you are thinking as well as what you are remembering about money. However, not all of this thinking and memories about money are in a loving frame of mind. To change this flow (currency) I would begin by forgiving everyone, everything, and every circumstance which was not positive about money, and make a list of all of this. Say, "I forgive myself and (money) for anything that is not love between us, and I now reclaim my life-force energy and power.*

***Then make a list of every negative thought and/or feeling that these people, situations, and memories conjure up for you. When you are done, put your hands on the paper and say, "God take from me now all energies, frequencies, and vibrations of these messages and memories. Take every thought, feeling, memory and belief about these things. Take them all out of my DNA and cellular structure, and change all of these things back into the energy of love." Then burn the paper.***

***Now, make a list of all of the positive things you know to be the truth about yourself, or want to be the truth about yourself. Put your hands on the paper and say a similar prayer, "God put into me now every energy, frequency and vibration of these loving truths about me. Put these truths into my every thought, feeling and belief. Put these truths into my DNA and cellular coding. God put the power of these loving truths into my life now, and greatly bless me." Now go buy a Powerball ticket!***

*When your memories as well as your thoughts are not based in love, then your flow is also not a loving flow.*