

## House Clearing Instructions

When doing a house clearing, or spiritual cleansing in your place, it will remove negative energies from your dwelling or any building. To do the cleansing, you will need:

1. Holy Water
2. Dead Sea Salt
3. A purple votive candle
4. A white votive candle
5. A smudge stick
6. Cone Incense
7. Aluminum foil
8. A small plate or cookie sheet for each floor in your home.

Holy Water: If you are in Colorado, you can get holy water from the Cabrini Shrine, just up I-70. Just get one of those mister bottles full of it. Otherwise, fill a gallon jug, take it to a catholic church, and have the priest bless it. If you are in a pinch, then you need to create some of your own. To create your own holy water, fill your mister bottle full of mineral water. Hold the bottle in both hands. Say this prayer: "God, thank you for blessing me. God, thank you for blessing this home. God, thank you for blessing this water I hold in my hands. God, thank you for infusing this water with your divine white light energy and your divine white light protection. God, thank you for raising the vibration of this water to the highest possible degree. God, thank you for integrating your divine protection into this water, and to everyone and everything it touches." While doing this, visualize a golden white light beam coming down from heaven and surrounding you and the bottle of water. See anything that is not "of God" filter out of the water and up the white beam, dissipating into nothingness. Remember throughout this process that the visualization is as important as the prayers.

Dead Sea Salt: You can find this at a lot of places like a vitamin or holistic foods market. The company name is Masada. It is important that you get dead sea salt, and not just sea salt, or table salt. It is because of the impurities in regular salt. The salt comes in a variety of scents. I prefer the unscented. You can get the smallest bottle.

The candles you can get at the supermarket. Make sure that the purple candle is purple all the way through (scratch the surface to see that it is not just purple colored wax on the outside.)

The smudge stick is sage. They can be found at your local metaphysical shop. You can also find the cone incense there. Or you can order online at: <http://www.pyramidcollection.com/>

Aluminum Foil - any kind will do.

## To do the house clearing:

1. If you have a coffee grinder, grind the dead sea salt into little pieces. If you don't have a grinder, don't worry about it. Grinding the salt makes it easier to work with.
2. You will be setting up an alter. Choose a place that is located near the center of the house, on a table or something. Find the place and mist it with the holy water (this clears the energy of that object). Then mist yourself with the holy water.
3. Cover the cookie sheet and the 3 small plates with aluminum foil. In a triangular pattern, with the point of the triangle facing towards you, put the 3 plates on the cookie sheet. Create a little aluminum cup for the candles and incense to sit in - fold up the sides of a different piece of aluminum so that it will catch the wax when it melts. On the top left plate, place the white candle.
4. On the top right plate, place the white candle. On the plate nearest you, put one of the cone incense. Sandalwood incense works well.
5. Sit down in front of the alter and realize - feel your divine worth. Know that you are one with God. Clear any scattered thoughts. Do not fear. Say a prayer of protection. "God, thank you for surrounding me and my house, and my complex, in divine white light energy and divine white light protection. Thank you for all of my angels for being here with me, and thank you for your assistance in cleaning and protecting my home. God, thank you for pulling all of my scattered energy back into my body, and keeping it here while I create this sacred space. God I am now ground and centered in you. God, I am now ground and centered in God's divine protection. God I am now ground and centered in God's divine clarity of vision. God, I am now ground and centered in God's divine energy. God, thank you for divinely clearing and cleansing my energy field. God, thank you for repairing any imperfections in my energy field. God, thank you for resealing and reinforcing my energy field. God, thank you for divinely disconnecting me from anyone or anything that is not a divine connection, and thank you that I am now free from anyone or anything that is connected into me, that is not a divine connection, is now disconnected, and their energy is directed towards you."
6. Visualize all of your angels around you and in your home. Know that they are there. See all of your scattered energy being pulled back into your body, and around your body is a divine white light cocoon that nothing can penetrate. When grounding and centering, see beams of solid white light going down through you and into the earth. See solid white light beams coming through your ears, and from your forehead (3rd eye center) through the back. On all sides of these beams are God, because God is everywhere.
7. Light the white candle. Say, "God, as I light this white candle of your divine protection, I acknowledge that you are my ultimate protection. I know that your

- divine golden white light energy, your golden white light protection, fills this home.
8. Light the purple candle. Say, "God, as I light this purple candle of your divine presence, I acknowledge that you are the only one and true God. I know that you are the creator of all things. You are the bringer of light and love. I co-create with you the feeling of your divine presence in my home.
  9. Light the incense cone. Say, "God, as I light this incense of your divine unconditional love, I acknowledge that you are one with me, and I am one with you. Thank you for integrating your divine unconditional love with me, and for your divine unconditional love spread throughout my home.
  10. Say, "God, I am asking for the assistance of all the Angels, Archangels Seraphims, Cherubims, and all the light beings in heaven. Thank you for assisting me. God, as I light this alter before you, thank you for divinely clearing and cleansing me, this home, this neighborhood, and for a 50 mile radius around me, thank you for removing any negative energies, negative entities, disembodied spirits, ghosts, aliens, poltergeists, critters, negative energies, negative thoughts, negative feelings, negative emotions, any fears, and any doubts. Thank you that all of these are divinely removed by all of the angels and are brought to the light of God." Visualize all of this happening.
  11. Create an alter like this for each floor in the house.
  12. Now get the salt. Sprinkle the salt in all corners of your home, on the inside of all doorways to all rooms, windowsills, etc. Go outside the home or apt building and sprinkle the salt on the corners there. Include the garage. With every time you sprinkle the salt, say, "God's divine protection is here" or "God bless this home." If you have Reiki, do the Cho Ku Rei over the salt pile.
  13. If you are a Reiki practitioner, master, etc., do the all the Reiki symbols on each wall and ceiling, even in the closet, as you are going around the house. Include any garages or outbuildings. If not, either recruit someone who does have Reiki and can assist, or, in each room, state aloud, "With the Power of God, I command anything not aligned with God's love to leave this premises immediately, never to return. This dwelling is a house of God, divinely and completely protected, in all ways, and all forms, on all levels."
  14. Light the smudge stick. You might want to hold a bowl underneath it. Smudge your entire place - inside the cabinets and fridge, fireplace, microwave, all drawers, etc. Include any outbuildings.
  15. Grab the holy water. Put it on spray. Spray your ceilings, floors, windows, and all walls (even in the closet) with the sign of the cross and the sign of an X. This, along with the salt, puts up an energetic barrier. It is important to get all walls, windows, doors, etc.
  16. You are almost done. Let the alter burn until everything gets done burning. You can start at night and let it burn all through the night. The incense will burn for about a half an hour. You don't need to keep

relighting more. When it is done burning, take all of the aluminum foil, with all the wax, etc. and throw it away. I mean, put it in the garbage and then take the garbage out. Get it out of your home. Wash the plates and cookie sheet. Congratulations, you are done. After that, you can say a prayer of protection every night, asking your angels to divinely protect your home while you are in there, sleeping or awake.

17.Optional – Hang a Mezuzah from the inside of the front door. Get the Mezuzah from a Jewish supply place. Follow the directions on the inside of the box. Ensure you get one with a piece of the Torah on the inside.