

Today's session:

Levels 69-72

Thought, Feeling, Universal Thought, &
Collective Thought

SEPTEMBER 20, 2009



Each month you can
experience new
information for your life
and spiritual journey... no
matter where you begin!

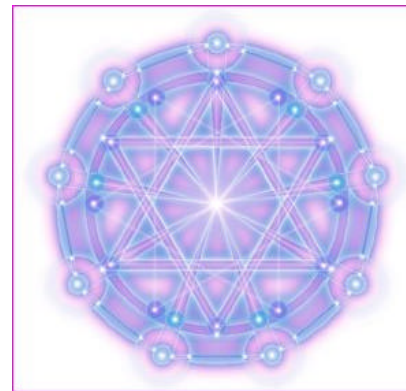
ISH-A-TAH

Phone: (303) 942-9301

Information for a Lifetime

Ever wonder, "How does God think?"
Now you can have a glimpse into the
greatest mind in existence – God.

The 156 Levels of Consciousness
reveals how the God-Mind state
works, and how you can be more
aligned with it. Through the next 15
years of this continuous program, AA
Haniel will reveal information that has
not been available to humanity until
now. Each month AA Haniel will read
directly from the Higher Akasiac
records revealing life-changing
techniques for you to live at your
Highest intent, truly becoming the
Master of your life.



ABOUT ISH-A-TAH

Our vision at Ish-A-Tah, as truth
seekers, is to offer the highest quality
of information to empower your own
sacred journey. We feel that by
empowering others to reach their
best, their highest existence, we
empower ourselves, and like a chain
reaction, empower all through love
and compassion.

"We must become the change we want to see."

[Mahatma Gandhi](#)

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<http://www.ish-a-tah.com>

"What lies behind
us and what lies
before us are tiny
matters compared to
what lies within
us."

Walt Emerson

New Beginning

Today you will have an opportunity to witness the process of Archangel Haniel fully manifesting through Audrey. Over the past month Audrey has gone through more than 27 Angelic ceremonies and channeling of Haniel to prepare her energy for today.

This is a rare event, as Archangels do not reveal themselves to the public in general. Haniel's intention for revealing herself now, is so that we may know our own beauty and magnificence through her image.

The development of her image will continue to grow over the next 12 months, as Audrey is able to hold more and more of Haniel's energy. In today's session, the room will take on a pink hue, which may sparkle a bit. You may also see the outline of Haniel's 57-foot body sitting around Audrey in a meditation position. During the session, Haniel will anchor her energy into everyone in the room. Enjoy this energy as it is assisting your own Life Force energy to grow stronger, and can assist in healing overall.

We are asking everyone to not leave today until you are assisted by the volunteers in the blue shirts to ground your energy.

Audrey is very honored to have you here today to participate in this most wonderful event!



WHAT IN THE WORLD IS GOING ON?

With all of the ups-and-downs this month, it's no wonder that Mercury in retrograde gets such a reputation for disruption.

This period beginning Sep. 7 through Sep. 29 of mercury in retrograde comes on the heels of the shift from Aug. 23 when negative thought was de-magnetized from collective consciousness, and the Earth. As a result, we are now experiencing negative emotional patterns that can no longer be repressed, and are acted out daily. This can make many appear as though they are losing control of their emotions, which is very true.

These old negative emotional patterns, such as judging or criticizing, are no longer supported by your Higher Self. You can transform these old negative inner voices simply by responding to them by saying "If you are not truth, stop talking." It can be quite amazing how quickly your mind becomes silent. Repeat this process every time a negative thought appears, and in a little while the negative thoughts will be completely gone!

In the meantime, try to be patient with yourself and anyone else. Remember, a little kindness can go a long way!

2009 CLASSES

Usui Reiki I, II, & III:

Reiki Master Teacher Hilda Sanchez, a gifted teacher, who will be teaching all levels of the traditional Usui Method Reiki in 2009. Please see our website for dates and times.

Audrey's Classes

Please see the flyers today for Audrey's upcoming classes for 2009.

Angel Communication, and Brain Meditations for Alpha, Theta, and Delta.

You may register today with Kathryn, if you would like. The class fee can be paid at the door (cash preferred, checks are OK). We do require a pre-registration as space has some limitations. You may also register and pay online if that is more convenient for you. Thank you!

"The journey is the reward."

-Chinese Proverb



WILL BERRY

Audrey's individual sessions are booked for 2009. However, if you would like to be put on the waiting list for additional openings, please call our office 303-942 9301.

AA Haniel Monthly Podcast/ CDs

Each month AA Haniel gives a clear and informative discussion on one subject. Please see our website for ordering CDs and iPod downloads. Here are some of the monthly discussions:

Aug 6: "Divine Solutions"

How to bring greater, and many times easier, solutions into your life now.

Sep 3: "10 Minutes To Inner Peace"

An easy method to reducing stress, clearing the mind, and rejuvenation your energy in 10 minutes.

Oct 1: "Healing the Body"

Our bodies listen and believe everything we are thinking about it. Learn how to change the inner dialog and activate our natural healing power.

FREE On our website is a new

15 Minute Relaxation Meditation by Audrey Hanson

All of our lives can be very hectic, with little time to meditate. With this deep and quick meditation, you can receive all of the benefits and easily fit it into your busy schedule. Please enjoy, and share with your friends!

I appreciate all of you greatly, and have a wonderful month!

-Audrey Hanson