

Today's session:

Levels 73-75

One Mind, Miracles,
Universal Laws

OCTOBER 18, 2009



“Turn your wounds into
wisdom.”

Oprah Winfrey



Each month you can
experience new
information for your life
and spiritual journey... no
matter where you begin!

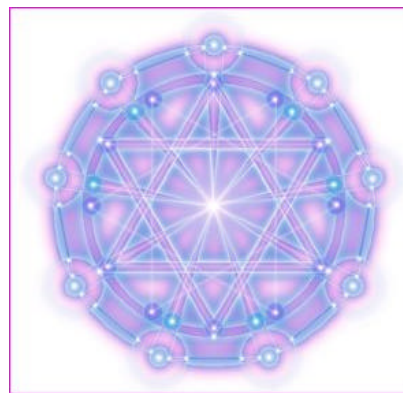
ISH-A-TAH

Phone: (303) 942-9301

Information for a Lifetime

Ever wonder, “How does God think?”
Now you can have a glimpse into the
greatest mind in existence – God.

The 156 Levels of Consciousness
reveals how the God-Mind state
works, and how you can be more
aligned with it. Through the next 15
years of this continuous program, AA
Haniel will reveal information that has
not been available to humanity until
now. Each month AA Haniel will read
directly from the Higher Akasiac
records revealing life-changing
techniques for you to live at your
Highest intent, truly becoming the
Master of your life.



ABOUT ISH-A-TAH

Our vision at Ish-A-Tah, as truth
seekers, is to offer the highest quality
of information to empower your own
sacred journey. We feel that by
empowering others to reach their
best, their highest existence, we
empower ourselves, and like a chain
reaction, empower all through love
and compassion.

“We can never obtain peace in the
outer world until we make peace with
ourselves.”

Dalai Lama

You may contact us
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Phone (303) 942-9301
Office hrs: M – F 8:00 – 7:30

<http://www.ish-a-tah.com>

A Gateway to Wholeness

The Council of Self

Afternoon of Exploration: Nov. 7, 2009

Please come and join **Aniesa Thames** in a powerful and empowering afternoon of exploring her program for gaining control over your health.

The **Council of Self** is an integrative insight and healing technique to assist in mastering the self-healing power in each of us. The body contains the most natural pharmacy within itself. Sustainable health is encoded in our DNA, within each and every cell. The body knows its own necessity for purification, regeneration, and healing. The **Council of Self** teaches us how to become aware of this internal wisdom and to take responsibility for our own health at a physical, mental, emotional, and spiritual level—a **new way being**. Serving on the Council are messengers from each of these levels that communicate when we are in balance or out of balance. A daily dialogue with your personal healing crew becomes the gateway to sustainable health through wholeness—our true nature

In this afternoon class, you will be introduced to a unique scanning technique to unlock the communication of the body.

Please call **Melissa** at 303-946-9366 for location, and to reserve your place. Time is 1:00 to 4:30. Cost is \$44 at the door.



WHAT IN THE WORLD IS GOING ON?

This is truly a miraculous time to be alive! We have gone through countless lifetimes to prepare for the very life we are living now. Over the next few months, your lives can take a change of such joy and happiness the likes you may have never known before.

This shift has already begun for most of you as you have experienced intense periods of deep personal growth. These periods of growth are to assist you to see clearly the attitudes and beliefs that no longer serve your life. The wonderful thing is that now it is easier to shift out the old beliefs and attitudes within a few minutes, instead of a few weeks or months!

The real shift for most of us will come on Nov. 23, 2009. The Collective Consciousness will reach a critical mass shift on this date that will no longer sustain a reactive mind. After this date, anyone that is attempting to go into a reactive mind state, will simply not be able to hold onto this action. The mind will naturally go into responding instead of reacting. This is possible as a result of all of you who have worked so diligently in removing fear from your consciousness.

So remember, one person *can* make a world of difference!

2009 CLASSES

Usui Reiki I, II, & III:

Reiki Master Teacher **Hilda Sanchez**, a gifted teacher, who will be teaching all levels of the traditional Usui Method Reiki in 2009. Please see our website for dates and times.

Audrey's Classes

Please see the flyers today for Audrey's upcoming classes for 2009.

Angel Communication, and Brain Meditations for Alpha, Theta, and Delta.

You may register today with **Kathryn**, if you would like. The class fee can be paid at the door (cash preferred, checks are OK). We do require a pre-registration as space has some limitations. You may also register and pay online if that is more convenient for you. Thank you!

"Action is the foundational key to all success."
Pablo Picasso



WILL BERRY.

Audrey's individual sessions are booked for 2009. However, if you would like to be put on the waiting list for additional openings, please call our office 303-942-9301.

Our monthly Podcasts have changed names to "Monthly Empowerment Lessons (MEL)"

Each month **AA Haniel** gives a clear and informative discussion on one subject. Please see our website for ordering CDs and iPod downloads. Here are some of the monthly discussions:

Sep 3: "10 Minutes To Inner Peace"

An easy method to reducing stress, clearing the mind, and rejuvenation your energy in 10 minutes.

Oct 1: "Healing the Body"

Our bodies listen and believe everything we are thinking about it. Learn how to change the inner dialog and activate our natural healing power.

Nov. 5: "Healing The Mind"

Our mind can become cluttered and confused with an overload of information and stimulus. Learn how to clear the mind, support the brain functions, and bring a greater sense of relaxation.

FREE On our website is a new

15 Minute Relaxation Meditation by **Audrey Hanson**

All of our lives can be very hectic, with little time to meditate. With this deep and quick meditation, you can receive all of the benefits and easily fit it into your busy schedule. Please enjoy, and share with your friends!

Have a wonderful month & we will see you next time!