

Today's session:

Freedom Levels 30 - 33

MARCH 15, 2009



"Believe that life is worth living and your belief will help create the fact."

- William James

Each month you can experience new information for your life and spiritual journey... no matter where you begin!

ISH-A-TAH

Phone: (303) 942-9301

Information for a Lifetime

Ever wonder, "How does God think?" Now you can have a glimpse into the greatest mind in existence – God.

The 156 Levels of Consciousness reveals how the God-Mind state works, and how you can be more aligned with it. Through the next 15 years of this continuous program, AA Haniel will reveal information that has not been available to humanity until now. Each month AA Haniel will read directly from the Higher Akasiac records revealing life-changing techniques for you to live at your Highest intent, truly becoming the Master of your life.



ABOUT ISH-A-TAH

Our vision at Ish-A-Tah, as truth seekers, is to offer the highest quality of information to empower your own sacred journey. We feel that by empowering others to reach their best, their highest existence, we empower ourselves, and like a chain reaction, empower all through love and compassion.

" Here is the test to find whether your mission on E arth is finished: if you're alive, it isn't. " - Richard Bach

You may contact us at:

9841 S. Foxhill Circle,
Highlands Ranch CO 80129
Phone (303) 942-9301
Office hrs: M – F 8:00 – 7:30

<http://www.ish-a-tah.com>

A Gateway To Wholeness – The Counsel of Self

Facilitated by Aniesa Thames, Holistic Health
Facilitator and Ecologist of the Soul

*We are excited to announce that Aniesa will
give another "Afternoon of Exploration" on
April 25.. And the dates to follow are:*

**Part 1 April 26th "I Am An Ecologist of My
Physical Body"**

**Part 2 June 14th "Is My Cognitive Mind
Sabotaging Sustainable Health"**

**Part 3 Sep. 13th "Harmonizing My Emotional
Energetic Body"**

Part 4 Nov. 8th "Spirit – My True Nature"

**Part 5 Jan. 2nd, 2010, "Reviving My Spirit
Essence From Birth – Who I Am Now"**

**Please see our flier and our website for
more information. You can now register
online for this class.
Thank you!**



WHAT IN THE WORLD IS GOING ON?

*Congratulations! You have all made it
through the activation of the 16th Core
Crystal on 3/4/09!*

*Feeling very tired is normal. As AA
Haniel says, "You are at a new
beginning. You are like a baby who
requires sleep to grow."*

*Over the next few weeks, try be aware
of your feelings. You may feel very
quiet inside, very still. A peaceful
feeling, which is difficult to explain. You
may feel a sense of "well-being" even
the midst of negative information.*

*This "inner-calm" is coming from your
Higher Self that is now blended with
your consciousness. Your Higher Self
knows that all is in perfect Divine order,
and there is nothing to worry about.
You are always being guided toward
your highest good, and this is the
message you can now receive
consciously.*

*So, breath, relax, and listen to your
inner guidance.*

ADDITIONAL 2009 CLASSES

Awakening Your Light Body: Audrey will
facilitate this remarkable course beginning
in May 2009, and continue in July and
September. If you are ready for a quantum
leap in your growth then this course can
assist to get you there!

Meditation: Audrey will be teaching all
levels of meditation beginning May 2009.
You will have an opportunity in these
classes to gain skills at deepening your
ability to gain relaxation, clarity, and
renewed health. This is the first step in
improving your psychic abilities.

Angel Communication: Audrey will begin
to teach these classes in May 2009. You
will have an opportunity to gain abilities in
speaking with your own Angels, developing
trust in receiving accurate messages for
yourself and others, and discover hidden
abilities.

Reiki I, II, & III: Reiki Master Teacher Hilda
Sanchez, a gifted teacher, who will be
teaching all levels of the traditional Usui
Method Reiki in 2009.

**Please see our website for additional
information and registration.**



WHAT'S NEW?

Haniel Live via Webcam!

We have met with a technician who will be
setting up the live streaming webcast for us. If
all goes well, we will be live as of April 2009!
Look for the coming email with further
information about how to sign up.

Audrey's individual sessions are booked for
2009. If you would like to be put on the waiting
list for additional openings, please call our office
303-942-9301.

Our new monthly podcasts are now available.
Some of the monthly titles are:

Mar 5: "Living Unconditionally"
Apr 2: "How To Value Yourself More"
May 7: "Silencing The Inner Critic"

The fabulous Sharon Walker will be in Denver
facilitating healing work at the home of Audrey
and Leif. Please see our flier for more info.

**We are continually updating our website
with new information. Please visit often!**

We are anticipating the publishing our first
book, "Human Body Beyond the Physical" in
the next few months. It will be available
through our website as well as Amazon.com,
and BarnesandNobel.com.

**Thank you and have a wonderful
month!**