

Today's session:

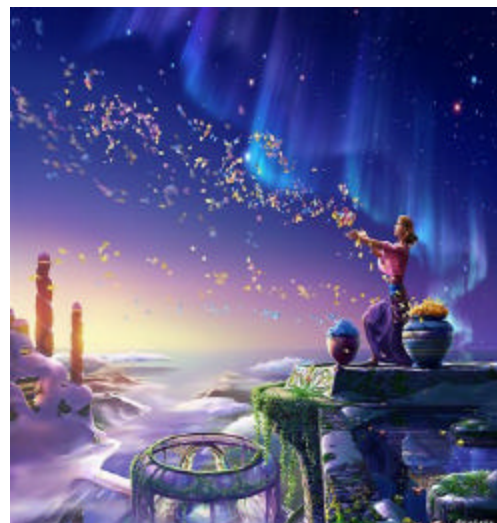
Freedom Levels 26-29

FEBRUARY 15, 2009



"And as we let our own light shine,
we unconsciously give other people
permission to do the same."

- Nelson Mandela



Each month you can
experience new
information for your
life and spiritual
journey... no matter
where you begin!

ISH-A-TAH

Phone: (303) 942-9301

Information for a Lifetime

Ever wonder, "How does God think?"
Now you can have a glimpse into the
greatest mind in existence – God.

The 156 Levels of Consciousness
reveals how the God-Mind state works,
and how you can be more aligned with
it. Through the next 15 years of this
continuous program, AA Haniel will
reveal information that has not been
available to humanity until now. Each
month AA Haniel will read directly from
the Higher Akasiac records revealing
life-changing techniques for you to live
at your Highest intent, truly becoming
the Master of your life.



ABOUT ISH-A-TAH

Our vision at Ish-A-Tah, as truth
seekers, is to offer the highest quality
of information to empower your own
sacred journey. We feel that by
empowering others to reach their best,
their highest existence, we empower
ourselves, and like a chain reaction,
empower all through love and
compassion.

"The softest things in the world
overcome the hardest things in the
world." - Lao-Tzu

You may contact us
at:

9841 S. Foxhill Circle,
Highlands Ranch CO 80129
Phone (303) 942-9301
Office hrs: M – F 8:00 – 7:30

<http://www.ish-a-tah.com>

Audrey and Leif invite you to participate
in a 5-part spiritual symposium
**Gateway To Wholeness –
The Counsel of Self**

Facilitated by [Aniesa Thames](#), Holistic
Health Facilitator and Ecologist of the Soul

During this spiritual symposium you will
explore:

The Council of Self® (The Healer Within,
The Community Within) as a healing
technique to source the origin of illness
physically, mentally, emotionally and
spiritually. Along with...

* Believing in your ability to manifest
radiant health and wholeness – a natural
state of being.

* Where your living systems reside within
the seven major chakras

* How the physical body signals when it is
in balance and out of balance.

* How scanning the body is an intuitive
healing tool for sustainable health.

And more!

Please see our [flier for more information.](#)

Thank you.



WHAT IN THE WORLD IS GOING ON?

With the activation of the 16th Core Crystal
only a few weeks away, our bodies are
already feeling the change. If you find
yourself to be tired, intolerant, forgetful,
and a general lack of focus then you are
definitely feeling the effects of this crystal.

Although these effects will not last beyond
March 4th it is important to be aware of
what you are feeling, and why. Make sure
to get plenty of rest, take your vitamins,
and drink water. This may seem to a simple
way to handle these energies, but it is very
effective.

Remember that on March 4th your body
can go through a DNA shift to a higher
vibration. Watch for the changing of the
colors in your iris. This indicates the DNA
shifting.

So be kind to yourself and others, and
celebrate this very exciting time to be
alive!

ADDITIONAL 2009 CLASSES

Awakening Your Light Body: Audrey will
facilitate this remarkable course beginning
in May 2009, and continue in July and
September. If you are ready for a quantum
leap in your growth then this course can
assist to get you there!

Meditation: Audrey will be teaching all
levels of meditation beginning March 2009.
You will have an opportunity in these
classes to gain skills at deepening your
ability to gain relaxation, clarity, and
renewed health. This is the first step in
improving your psychic abilities.

Angel Communication: Audrey will begin
to teach these classes in March 2009. You
will have an opportunity to gain abilities in
speaking with your own Angels, developing
trust in receiving accurate messages for
yourself and others, and discover hidden
abilities.

Reiki I, II, & III: Reiki Master Teacher Hilda
Sanchez, a gifted teacher, who will be
teaching all levels of the traditional Usui
Method Reiki in 2009.

Please see our [website for additional
information and registration.](#)



WHAT'S NEW?

Haniel Live via Webcam!

Our preliminary tests of the webcast have been
successful for sound and picture. We are
currently in search of someone who can set the
webcast up for us. If you know someone who is
experienced in this matter, please call our office.

Audrey's individual sessions are booked for
2009. If you would like to be put on the waiting
list for additional openings, please call our office
303-942-9301.

Our new monthly podcasts will be on our
website in February. These monthly podcasts
take the place of the teleconferences that we
were doing in 2008. These single subject
channelings with AA Haniel are very popular
and much more convenient as podcasts. CDs of
these sessions can also be purchased today, as
well as on our website.

We have a brand new look to our website.
Take a look and see!

Thank you and have a wonderful
month!