

Today's session: Freedom Levels 34 - 37

APRIL 19, 2009



"Believe that life is worth living and your belief will help create the fact."

- William James



Each month you can experience new information for your life and spiritual journey... no matter where you begin!

ISH-A-TAH

Phone: (303) 942-9301

Information for a Lifetime

Ever wonder, "How does God think?"
Now you can have a glimpse into the greatest mind in existence – God.

The 156 Levels of Consciousness reveals how the God-Mind state works, and how you can be more aligned with it. Through the next 15 years of this continuous program, AA Haniel will reveal information that has not been available to humanity until now. Each month AA Haniel will read directly from the Higher Akasiac records revealing life-changing techniques for you to live at your Highest intent, truly becoming the Master of your life.



ABOUT ISH-A-TAH

Our vision at Ish-A-Tah, as truth seekers, is to offer the highest quality of information to empower your own sacred journey. We feel that by empowering others to reach their best, their highest existence, we empower ourselves, and like a chain reaction, empower all through love and compassion.

" Here is the test to find whether your mission on E arth is finished: if you're alive, it isn't. " - Richard Bach

You may contact us
at:

9841 S. Foxhill Circle,
Highlands Ranch CO 80129
Phone (303) 942-9301
Office hrs: M – F 8:00 – 7:30

<http://www.ish-a-tah.com>

A Gateway To Wholeness – The Counsel of Self

Facilitated by Aniesa Thames, Holistic Health
Facilitator and Ecologist of the Soul

*We are excited to announce that Aniesa will
give another "Afternoon of Exploration" on
April 25.. And the dates to follow are:*

**Part 1 April 26th "I Am An Ecologist of My
Physical Body"**

**Part 2 June 14th "Is My Cognitive Mind
Sabotaging Sustainable Health"**

**Part 3 Sep. 13th "Harmonizing My Emotional
Energetic Body"**

Part 4 Nov. 8th "Spirit – My True Nature"

**Part 5 Jan. 2nd, 2010, "Reviving My Spirit
Essence From Birth – Who I Am Now"**

**Please see our flier and our website for
more information. You can now register
online for this class.
*Thank you!***



WHAT IN THE WORLD IS GOING ON?

We are experiencing a very unique opportunity to live our lives aligned to our Higher Self. To experience this alignment is to live without the burden of old wounds, and the limited ability to be joyful and fulfilled.

This shift can bring on strange and new feelings on all levels. We may feel sick, anxious, lack of sleep, and lack of appetite. We may become indecisive, and forgetful. We may simply feel as though we are "not ourselves".

All of this is due to the activation of the 16th Core Crystal on March 4th. On that day, our energies changed so much and so rapidly, that we are like babies again. We are simply needing time to get used to our new energies, feelings, and physical sensations.

How long this will take depends on your ability to relax, and listen to your daily Divine guidance within. Remember, you are not required to always know how to live your life, because that is what your Angels are for. Allow them to assist you.

ADDITIONAL 2009 CLASSES

Awakening Your Light Body: Audrey will facilitate this remarkable course beginning in May 2009, and continue in July and September. If you are ready for a quantum leap in your growth then this course can assist to get you there!

Meditation: Audrey will be teaching all levels of meditation beginning May 2009. You will have an opportunity in these classes to gain skills at deepening your ability to gain relaxation, clarity, and renewed health. This is the first step in improving your psychic abilities.

Angel Communication: Audrey will begin to teach these classes in May 2009. You will have an opportunity to gain abilities in speaking with your own Angels, developing trust in receiving accurate messages for yourself and others, and discover hidden abilities.

Reiki I, II, & III: Reiki Master Teacher Hilda Sanchez, a gifted teacher, who will be teaching all levels of the traditional Usui Method Reiki in 2009.

**Please see our website for additional
information and registration.**



WHAT'S NEW?

Today is our very first **LIVE WEBCAST!**

A very BIG THANK YOU to Leif and Joe for all of their hard work to get the webcast up and running!

Audrey's individual sessions are booked for 2009. If you would like to be put on the waiting list for additional openings, please call our office 303-942-9301.

Our new monthly podcasts/ CDs are now available. Some of the monthly titles are:

Apr 2: "How To Value Yourself More"

May 7: "Silencing The Inner Critic"

The fabulous **Sharon Walker** will be in Denver facilitating healing work **May 23 through May 30** at the home of Audrey and Leif. Please call Kathryn Zion at 303-697-4345 to schedule with Sharon. Kathryn returns calls in the evenings.

New Technique from AA Haniel to recharge quickly!....Take a 10 minute bath in complete darkness... no candles or other ambient light.

This technique will recharge your "energetic batteries" so completely that you will not have to repeat this for another 3 months! Remember, when you "energetic batteries" are recharged you are vibrating at the highest light, and therefore receiving the highest manifestation!

**Thank you and have a wonderful
month!**